

5th Annual Best Practices Conference *Building Agile Leaders In Health Care* Thursday, October 12, 2017

Morning Keynote

Passion: Finding Meaning In Your Work As A Leader (Auditorium)

Do you ever look at a successful leader and wonder, *why can't I find a leadership job like that and be successful?* Every one of us is capable of living out our dreams as a leader. It doesn't necessarily mean changing jobs. Passion can be just finding a different way of approaching your current leadership job, so that it is more meaningful. One way of making leadership more meaningful is by practicing kindness. Meaningful work begins with finding something you are passionate about. When you look at successful people in any walk of life be it business, the arts, sports, or health care, the one consistent characteristic is that successful people love what they do, including being a leader. They wake up in the morning and cannot wait to get to work and jump into the day's activities. You can achieve your dreams too, but in order to achieve them you must map out a leadership plan. The focus of this presentation and workshop is to help you map out your dreams in a step-by-step approach and to successfully achieve your goals as a leader.

Session 1 (choose one)

Mock Codes

Educational resources reinforcing clinical roles and protocols during a patient code are essential for translating evidence-based quality innovations into nursing practice, relating exemplary work environment practices to patient and nursing outcomes and maximizing the use of clinical tools and strategies to drive patient-centered care. In an acute care hospital setting, medical code training and best practices for team code management are hardwired by in-situ code simulations.

Talent 101: An Innovative Approach to Leadership Development

Come learn about an educational collaboration between PSU Brandywine and Health Care Connect to offer innovative, competency-based healthcare leadership professional development programs. These professional development programs are focused on the soft skills required to be an effective healthcare professional. The ultimate goal of this program is to link individual career competency development to regional economic development initiatives.

Ignite Your Leadership & Influence Through Self Care: Mind, Body & Spirit

Self-care is not an option, it's a critical piece in leadership, impact and influence in both your professional and personal life. In this engaging and transformational talk, you will learn the importance of self-care for medical professionals, the role your self-care plays in saving lives and influencing patient care, and how to implement self-care strategies (mind, body, spirit) in your daily routine to decrease stress, inspire patients and peers, and improve your leadership, influence and impact.

Session 2 (choose one)

An In Depth Look at Bringing Passion Into Your Leadership Role

This intensive workshop will build on the concepts presented in the morning keynote presentation. This session will provide an opportunity to go into greater depth looking at how you can live your dream of finding or rediscovering passion in your leadership role. It doesn't necessarily mean changing jobs. Passion can be just finding a different way of approaching your current leadership job, so that it is more meaningful. We will also explore how to make your leadership job more meaningful by practicing kindness. The focus of this workshop is to help you map out your dreams in a step-by-step approach and to successfully achieve your goals as a leader.

New Nursing Graduates' Perceptions of Support

New nursing graduates (NG's) needing support during the NG to registered nurse (RN) transition process has been suggested throughout the nursing literature. What is missing from the nursing literature is that NG's have not been asked what consti-

tutes support for them, what their perceptions of support are, and how support could be provided during their transition process. During this session, NG's perceptions of support will be discussed, methods of support delivery will be examined as well as interventions to increase NG's job satisfaction and retention, through incorporating support interventions into NG's transition programs.

The Leadership Challenge

"The Leadership Challenge" has become the gold standard in leadership development since it was first published in 1987. The Five Practices of Exemplary Leadership that were developed by Jim Kouzes and Barry Posner were based upon the study and research of personal leadership experiences that exhibit the best leadership methods to build teams and to empower individuals, organizations and communities. Leaders are found throughout organizations that exhibit exemplary leadership qualities that motivate, encourage and support others who work with them. Understanding how these leaders turn these practices into action will be explored with take away techniques provided.

Session 3 **(choose one)**

The Role of Adult Learning Theory in Effective Precepting

This presentation will address how adult learning theories apply to precepting in the healthcare workplace. Principles of andragogy will be reviewed, with strategies for addressing multiple learning styles provided. Discussion will also include the application of Benner's Novice to Expert theory to the preceptor/preceptee relationship.

Survival of the Fittest: New Manager Success

There is a relationship between a leader's effectiveness and staff retention. Due to the shortage of healthcare workers expected in 2020, the leader is critical to the retention of staff. Despite the need for competent leaders, little is done to prepare them for these responsibilities. Their success resembles "survival of the fittest". This session will explore one method of educating leaders to assist them in developing leadership skills using a cohort based experiential process.

Using Simulation to Professionally Develop the Bedside MSN Nurse

Come and hear how to successfully engage and professionally develop the bedside MSN nurse through simulation scenario writing and facilitation workshops. This presentation will teach you how creating evidence based classes utilizing a flipped classroom approach with active learning strategies can develop your MSN nurses, all while being financially judicious.

Afternoon Keynote

Life Skills for Non-Traditional Healthcare Workers to Improve Employee Performance and Staff Retention

Looking for solutions to motivate, inspire, and retain non-traditional healthcare workers? In this session, you will learn how a "Life Skills" model will help improve employee performance, communication, and staff retention.